

**A HELPING HAND RESOURCE  
BOOKLET FOR ALL FAMILIES  
INCLUDING PEOPLE WITH  
DISABILITIES**



**EMERGENCY SHELTERS  
LEGAL ASSISTANCE  
MEDICAL CARE  
SUPPORT AGENCIES & MORE**



**2011-2012 Academic Year**

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## **Hawaii Helper Locator**

(Revised 3/2012)

**State of Hawaii Adult Mental Health**      24 hour ACCESS Line      586-4686  
1250 Punchbowl 96813, Honolulu      [www.amhd.org](http://www.amhd.org)

Can determine eligibility for mental health services and refer clients to appropriate clinics for assessment and treatment services. Helps people with no insurance or those who have had difficulty receiving services

- Crisis Hotline (information and referral, suicide and crisis assessment)
- Adult Crisis Team (suicide and homicide assessment)
- Crisis Shelter (short term crisis beds for adults)
- Youth Crisis Team (clients age birth-17)
- Survivors of Suicide (SOS) (for people who have lost a loved one to suicide)
- Diversion Project (mental health assessment)
- In Service Teams to speak to groups about the services offered by Adult Mental Health

**Aloha United Way**      24 hour/7 days a week      211 (536-1951)  
200 N. Vineyard #700 96817, Honolulu      [www.auw.org](http://www.auw.org)

Operator will give information or transfer to appropriate service

- Housing
- Financial help with rent as funds are available
- Referrals to any city, county, or state agency on any island
- Financial Aid/Scholarships for students
- Help with health insurance – free health insurance available for children up to age 19

## **EMERGENCY MEDICAL CARE**

<b>MEDICAL</b>	<b>24 HOUR SERVICE</b>	911
<b>POISON CENTER</b>	<b>24 HOUR SERVICE</b>	800-222-1222
<b>SUICIDE CRISIS LINE</b>	<b>24 HOUR SERVICE</b>	832-3100
<b>Kahuku Medical Center</b>	<b>24 Hour Emergency care</b>	293-9221
56117 Pualalea Street <a href="http://www.hhsc.org/oahu/kahuku/index.html">http://www.hhsc.org/oahu/kahuku/index.html</a> Kahuku, HI 96731		
<b>Kaiser Permanente Medical Center</b>		432-0000
3288 Moanalua Road      24 Hour Emergency care Honolulu, HI 96819 <a href="https://healthy.kaiserpermanente.org/html/kaiser/index.shtml">https://healthy.kaiserpermanente.org/html/kaiser/index.shtml</a>		

<b>Kapiolani Medical Center</b> For Women & Children 1319 Punahou Street Honolulu, HI 96826	<a href="http://www.kapiolani.org/">www.kapiolani.org/</a>	983-6000
<b>Kuakini Medical Center</b> 347 N. Kuakini Street Honolulu, HI 96817	<a href="http://www.kuakini.org">www.kuakini.org</a>	536-2236
<b>Kapiolani Medical Center at Pali Momi</b> 98-1079 Moanalua Road Aiea, HI 96701	<a href="http://www.palimomi.org/contact/default.aspx">www.palimomi.org/contact/default.aspx</a>	486-6000
<b>Queens Medical Center</b> 1301 Punchbowl Street Honolulu, HI 96813	<a href="http://www.queensmedicalcenter.net">www.queensmedicalcenter.net</a>	538-9011
<b>Straub Clinic &amp; Hospital</b> 888 S. King Street Honolulu, HI 96813	<a href="http://www.straubhealth.org">www.straubhealth.org</a>	522-4000
<b>Tripler Army Medical Center</b> 1 Jarrett White Road Tripler Amc, Honolulu, HI 96859	<a href="http://www.tamc.acmedd.army.mil">www.tamc.acmedd.army.mil</a>	433-2778
<b>Waianae Coast- Comprehensive Health Center</b> 86-260 Farrington Hwy Waianae, HI 96792	<a href="http://www.wcchc.com">www.wcchc.com</a>	696-7081
<b>Wahiawa General Hospital</b> 128 Lehua Street Wahiawa, HI 96786	<a href="http://www.wahiawageneral.org">www.wahiawageneral.org</a>	621-8411

### **LOW COST MEDICAL CARE**

**State Mental Health Centers – Call ACCESS line for referral. (See page 3)**

**Central Oahu Mental Health Center** 453-5900  
860 Fourth Street <http://hawaii.gov/health/dcab/mentalhealth/>  
Pearl City, HI 96782

**Wahiawa Mental Health Center** 621-8425  
910 California Ave.  
Wahiawa, HI 96786

**Kalihi Palama Health Center**      [www.kphc.org](http://www.kphc.org)      848-1438  
915 N. King Street  
Honolulu, HI 96817

**Kalihi Palama Health Center Downtown Location**      792-5576  
89 S. King Street      Medical & Dental Services  
Honolulu, HI 96813

**Kokua Kalihi Valley**      [www.kkv.net](http://www.kkv.net)      791-9400  
2239 N. School Street  
Honolulu, HI 96819

**Queen Emma Clinic**      [www.queensmedicalcenter.net](http://www.queensmedicalcenter.net)      547-4970  
1301 Punchbowl  
Honolulu, HI 96813

**Waikiki Health Center**      [www.waikikihealthcenter.org/](http://www.waikikihealthcenter.org/)      922-4787  
277 Ohua Ave.  
Honolulu, HI 96815

- \$40 fee each TB/MMR test
- Show proof that you are a student

### **Public Health Nursing**

[http://hawaii.gov/health/familychildhealth/publichealthnursing/phn\\_offices.html](http://hawaii.gov/health/familychildhealth/publichealthnursing/phn_offices.html)

East Honolulu  
3627 Kilauea Ave. Room 302      733-9220

West Honolulu  
1700 Lanakila      832-5757

Leeward  
94-275 Mokuula St. Room 101      675-0073

- No cost – TB skin tests for all ages
- Developmental assessments and referrals for children age birth-age 5
- Case management, home services for medically fragile individuals

**Waianae Coast Community**      696-4212  
86-0226 Farrington Hwy.  
Waianae, HI 96792

### **EMERGENCY SHELTERS**

**Child & Family Services**      24 hours/7 days a week      841-0822

**Domestic Abuse Shelter** <http://www.childandfamilyservice.org/>

- Address is confidential
- Cost: Single \$3, single w/ child \$5, single w/2 or more children \$7
- 48 hour trial stay, length of stay usually limited to 3 months, but can be extended on case by case basis

**Housing Solutions** 973-0050  
 Nakolea 946-8063

- Single, working or full-time student
- Has to be working 19-40 hour weekly, rent \$320

Loliana 522-0540  
 Family (must be working of full-time student)

- Cost – adult/1 child = \$300, adult/2 children = \$350, adult/3 children = \$400

\$100 deposit can stay 18 months – 2 years depending on situation  
 Elderly Housing 599-5799

**Institute for Human Services** <http://www.ihshawaii.org/>

Shelter for Women & Families 546 Kaa'ahi 845-7052  
 Shelter for single Men 350 Summer Street 537-2724

- Free dormitory environment for homeless individuals
- Case managers available for welfare recipients & applicants
- Medical clinics on site
- Three meals provided
- Donations appreciated

**Fernhurst YWCA** [www.ywca.org](http://www.ywca.org) 941-2231  
 1566 Wilder Ave.

**Residence for Women** Honolulu, HI 96822

- Please inquire about rates
- Breakfast & dinner included. Limited reservations
- Membership which is \$35 & room deposit is \$30

**State Housing Information** [www.hcdch.hawaii.gov/](http://www.hcdch.hawaii.gov/) 832-5980

**Neighbor Island Shelters**

*Maui	Women Helping Women	<a href="http://www.whwmaui.net/">www.whwmaui.net/</a>	579-9581
*Kauai	Alternatives to Violence		245-5959
*Kauai	The Shelter		245-6362
*Hawaii	Family Crisis Shelter ATV		696-7798
	Hilo Shelter		959-8400
	Kona Shelter		322-7233

**SEXUAL ASSAULT/CRISIS INTERVENTION**

**Family Peace Center** [www.pacthawaii.org/oahu\\_peace\\_center.html](http://www.pacthawaii.org/oahu_peace_center.html) 832-0855  
 Provides intervention for victims, perpetrators, and child witnesses of domestic violence

**Child & Family Service** [www.childandfamilyservice.org/](http://www.childandfamilyservice.org/) 521-2377  
**Ohana Sex Abuse Treatment Center**

**Pu'uhonua** [http://www.tsocs.org/Hawaii Domestic Violence 4.html](http://www.tsocs.org/Hawaii_Domestic_Violence_4.html)  
875 Waimanu St. Suite 60 593-4490  
Honolulu, HI 96813

- Counseling
- Support group for women
- Mon.-Fri. 7:30a.m.-10p.m. After hours call Ohia Shelter 526-2200

**Kaplolani Medical Center** <http://satchawaii.com> 808-524-7273  
**Sex Abuse Treatment Center** Honolulu, HI 96813

- 24 hour service
- Crisis Intervention
- Free medical exam within 72 hours of assault
- Information, referrals, and counseling fees on sliding scale basis
- Sex Abuse Treatment

**Mainland, Neighbor Islands** – Victims can call Toll Free  
1-800-531-5538

- Prosecuting Attorney's Office support for victims of violent crimes. Information regarding the criminal justice system and accompaniment to proceedings. No Charge.

### **ALCOHOL AND DRUG COUNSELING**

**Alcoholics Anonymous** [www.aa.org/](http://www.aa.org/) 946-1438

**Al-Anon** (Adults living with Alcoholics) 546-5647  
<http://www.theagapecenter.com/AlAnoninUSA/Hawaii.htm>

**Alateen** (Children living with alcoholics) 546-5647  
<http://www.al-anon.alateen.org/>

**Castle Medical Center (Kailua)** <http://castlemed.org/> 263-5500

- Behavioral Health Services. Detoxification

**Ho'omau Ke Ola** <http://hoomaukeola.org/> 696-4266

- Treatment and counseling for individuals with addiction

**Malama Recovery Service** 668-2277  
<http://www.aloha-house.org/malama/malama1.html>

- Outpatient substance abuse program

**Marine Corps Substance Abuse Counseling Center** 257-7120  
<http://www.usmc-mccs.org/subabuse/index.cfm?sid=ml>

**Narcotics Anonymous** <http://www.na.org/> 734-4357

**Salvation Army Family Treatment Center** 732-2802  
[http://www1.usw.salvationarmy.org/usw/www\\_usw\\_hawaii.nsf/](http://www1.usw.salvationarmy.org/usw/www_usw_hawaii.nsf/)

**Salvation Army Addiction Treatment Services** 595-6371

- Affordable detoxification
- Outpatient and residential programs

### **COUNSELING AND PERSONAL SUPPORT**

**Adults Molested as Children Support Group** 543-8494  
<http://amac.usclargo.com/>

**Catholic Charities Hawaii** 524-4673  
<http://www.catholiccharitieshawaii.org/>

- Counseling for individuals, families, and couples
- Fees based on income

**Codependents Anonymous (CODA)** 589-2632  
<http://www.coda.org/>

- Help for people with family, relationship problems or low self-esteem

**Compassionate Friends** 524-7400  
[www.compassionatefriendshonolulu.org](http://www.compassionatefriendshonolulu.org)

- Support and self-help for people who have lost children
- Meet 1<sup>st</sup> Saturday of each month 10a.m. – 12p.m. at Waikiki Yacht Club

**Domestic Violence/Child Abuse Shelters** 24 hour hotline 841-0822  
<http://www.usattorneylegalservices.com/women-shelters-Hawaii.html>  
Windward Side for shelter Access line-235-3387

**Eating Disorder Counseling**

<http://www.nationaleatingdisorders.org/> Daryl Smith-Oswald 255-4810  
<http://www.aipono.com/> Anorexia & Bulimic Center of Hawaii 540-1001

**Family Peace Center** (See page 7) 832-0855  
1505 Dillingham Boulevard # 208  
Honolulu, HI 96817-4822

- Support groups for abused women; domestic violence intervention counseling
- Resource referrals

**Hawaii State Coalition Against Domestic Violence** 832-9316  
<http://www.hscadv.org/organizations/index.html>

- Domestic violence information, referrals, legislative advocacy



**Kahi Mohala Behavioral Health** 671-8511  
<http://www.kahimohala.org/about/>

- Comprehensive behavioral health care services
- Educational Programs
- Adolescent Partial Hospitalization Program
- ROPES Program

**Kapiolani Rehabilitation Center** 983-8235  
<http://www.kapiolani.org/women-and-children/health-services-for-children/rehabilitation-services-audiology.aspx>

- Speech, audiology, physical, and occupational therapy

**MADD (Mothers Against Drunk Driving)** 532-6232  
<http://www.madd.org/>

- Alcohol education
- Bereavement counseling

**United Self-Help Warm Line** 931-6444  
<http://unitedselfhelp.org/ush1/>

- Free telephone help for individuals who need someone to talk to
- Seven days a week from 4:30p.m. to 9p.m.

### **PARENTING SUPPORT**

**Akamai Youth Project** 529-3929 or 529-3960  
<http://honolulucounty.hi.networkofcare.org/mh/>

- Sessions for parents, teens age 11 – 17 and other family members on Juvenile law and parenting issues (NO CHARGE)
- Referrals and support

**Family Peace Center's – Puuhonua Crisis Counseling Line** 585-7944

- Legal referral and crisis support
- Counseling and intervention
- Case advocacy and safety planning
- 8a.m. – 10p.m., Monday through Friday

**Hawaii Family Services** [www.childandfamilyservice.org/](http://www.childandfamilyservice.org/) 681-3500

- Healthy Start (0-3)
- Alternative Schools for the Leeward side of the island
- Child abuse prevention program
- Elderly Care

**Hana Like –Prevent Child Abuse Program** 841-2245  
[http://pacthawaii.org/hana\\_like\\_home.html](http://pacthawaii.org/hana_like_home.html)

- Home visitor program

**Institute for Family Enrichment** <http://www.tiffe.org/> 596-8433

- Intensive home and community-based services
- Services to children with Autism
- Psychological testing

**The Parent Line** 526-1222

### **EMERGENCY FOOD/FINANCIAL HELP**

**Air Force Family Support Center** 449-0300

- Free classes, emergency assistance, help with job search for military families  
655 Vickers Ave. Bldg. 1105

**Army Community Services** 655-2400

- Building 2091, Schofield Barracks

**Catholic Charities Help Line** 521-4357

- This is the main intake number for all various services offered.

**Kaumakapili Church Free Store** 845-0908

- Clothing, household goods, food – hours and days vary. Call for information.

**Olivet Baptist Church Food Pantry** 946-0605

- Monday, Wednesday, Friday 10a.m.-12p.m.  
1775 Beretania St.

**Waikiki Community Center** 923-1802

- Food Bank open Tuesday and Thursday 2- 4 p.m.

**Salvation Army** 845-2544

- This is the main intake number for all various services offered.

### **RESOURCES FOR CHILDREN/YOUTH**

**CPS (Child Protective Services)** 832-5300

- To report child abuse 24 hours

**Hale Kipa Youth Shelter** Directory Services 589-1829

- Ho'okala program – outreach services, minor law violations, shelter assessments for youth age 11- 17

**Juvenile Crime Prevention Division, HPD** 529-3201  
810 S. Beretania St.

- Access to HPD programs like Police Athletic League, counseling, etc.

**Teen Intervention Program/Teen Line** 973-8501

- Kapiolani Medical Center
- Counseling for children and teens
- Set fees

**Office of Youth Services – State Department of Mental Health**

- Must be referred by DOE, court or mental health agency, but can help callers learn how to access the service they need.
- Central 453-5900
- Diamond Head 733-9393
- Kalihi-Palama 832-3792
- Leeward 692-7700
- Windward 233-3770

**FINANCIAL HELP FOR CHILDREN**

**Hawaii Community Foundation** 537-6333

<http://www.hawaiicommunityfoundation.org/index.php>

900 Ft. Street Mall 1300 96813

- In addition to local scholarships, administers the Theresa F. Hughes Fund, Financial assistance for Hawaii children and seniors

**Queen Lili'uokalani Trust** <http://www.onipaa.org/> 847-1302

1300 Haloa St. 96817

- Counseling services and limited financial aid for Hawaiian and part Hawaiian children

**PUBLIC ASSISTANCE OFFICES**

**State of Hawaii Financial, Medical Assistance/Child Care and Food Stamps/Work Programs Information** 643-1643

Ewa Unit 601 Kamokila Bl Rm. 106	692-7300
Iwilei Unit 333 N. King St Rm. 200	586-8047
Ka'ala Unit 86-120 Farrington Hwy. Suite A104	697-7147
Kalihi Unit 333 N King St. Rm. 106	586-8135
Kailua Unit 45-513 Luluku Road	233-5325
Kamokila Unit 601 Kamokila Bl. Rm. 468	692-7171
Kaneohe Unit 45-513 Luluku Rd.	233-5350
Kapalama Unit 91-1821 Ft. Weaver Rd.	681-8210
Kinau Unit 677 Queen St. Suite 400A	587-9350
Kuakini Unit 1485 Linapuna St. Suite 122	832-3800
Makiki Unit 677 Queen St. Suite 400B	587-5276
Moanalua Unit 677 Queen St. Suite 400A	587-5313
Nanakuli Unit 601 Kamokila Bl. Rm. 117	692-7775
Nuuanu Unit 1485 Linapuni St. Suite 124	832-5627

Palama Unit 333 N. King St. Rm. 101	586-1755
Pauahi Unit 333 N. King St. Rm. 201	586-8108
Pawaa Unit 677 Queen St. Suite 400B	587-5290
Punawai Unit 677 Queen St. Suite 400B	587-5283
Wahiawa Unit 929 Center St.	622-6476
Waianae Unit 86-120 Farrington Hwy. Suite A103	697-7177
Waikalua Unit 45-260 Waikalua Rd.	233-3621
Waikele Unit 94-275 Mokuola St. Rm. 303	675-0040
Waipahu Unit 601 Kamokila Bl. Rm. 106	692-7310
West Oahu Unit 94-275 Mokuola St. Rm. 303A	675-0050
Windward Unit 46-005 Kawa St. Rm. 307	233-3655

**Federal WIC (Women, Infants, Children) Program:**

\*You can apply at any convenient office. Call 586-8080 for more information.

Honolulu	586-4761
Leeward	675-0365
Wahiawa	622-6458
Waianae	696-5561
Windward	233-5470

**Hawaii Housing Applications**      1022 N School St.      832-5960

**LEGAL ASSISTANCE**

**Domestic Violence Legal Hotline** 8a.m. – 5p.m. M-Th      531-3771

- Attorneys and advocates on staff
- P.O. Box 3198, Honolulu, 96801

**Legal aid Society of Hawaii**      924 Bethel St. 96813      536-4302

**Corporation Counsel – Family Support Division, DSSH**      523-4327

- Helps with establishing paternity and collecting unpaid Child support

**Lawyer Referral Service**      [www.hsba.org](http://www.hsba.org)      537-9140

- Free referrals to attorneys with different specialties

**Mediation Center of the Pacific, Inc.**      521-6767

- Help with settlement of disputes, small filing fee

**Disciplinary Counsel for the Hawaii Supreme Court**      521-4591

- Handles complaints against attorneys concerning unethical behavior

**Department of the Attorney General – Main Switchboard**      586-1500

<b>U.S. Attorney General's Victim/ Witness Office</b>		541-2850
<b>Crime Victim Compensation</b>	333 Queens 404, 96813	587-1143
<b>TRO (Temporary Restraining Order) Applications</b>		538-5959
• No Fee Charged		
Family Law Center Moanalua Shopping Center 1076 Valkenburgh Street Honolulu, HI 96818	Uncontested Divorce Power of Attorney	423-9071
Coates & Frey Attorneys at Law Pioneer Plaza, Suite 1400 900 Fort Street Mall Honolulu, HI 96813	Domestic & Family Relationships Divorce, Custody, Support, Paternity Abuse, All Family Law	524-4854

**REFERRALS**  
**PSYCHOLOGISTS, PSYCHIATRISTS, MSW, COUNSELORS**

**NAME**  
**SPECIALTY**

**INSURANCE**

**Airman & Family Readiness Flight** 449-0300  
 655 Vickers Ave., Bldg. 1105 *Air Force members & dependents*  
 • Free classes & Workshop  
 • financial assistance, Job Search

**Mental Health Clinic At Hickam AFB** 449-0175

**Behavioral Health Services** *Kaiser if referred, HMSA* 263-5356  
 • Acute DETOX  
 Castle Medical Center  
 Outpatient treatment  
 640 Ulu Kahiki St.  
 Kailua, HI 96734

**Bressemer, Michael, Ph. D.** *HMSA, HDS, Medicare,* 487-5433  
*Medicaid, Champus (not Prime)*  
*HMSA Quest only*  
 • Marriage counselor,  
 • Sexual abuse, teens & other issues  
 Olahou Clinic  
 98-1247 Kaahumanu St. #223  
 Aiea, HI 96701

**Chingon, Harry, M. D.** *Most insurance accepted* 484-9200  
 • Child & adolescent psychiatrist  
 98-211 Pali Momi St. Suite 414  
 Aiea, HI 96701

**Garret, Cathy, Psy. D.** *Most insurance accepted* 485-2800  
 Psychologist  
 • Works with individuals & teens  
 98-211 Pali Momi, Suite 810  
 Aiea, HI 96701

**Gelb, Suzanne, Ph. D.** *Call for insurance* 943-2994  
 • Eating disorders, all  
 • Addictions,  
 • Clinical Hypnosis  
 • Relationship problems  
 Century Center  
 1750 Kalakaua Ave., Suite 3203  
 Honolulu, HI 96826

<p><b>Goya, Lynn K. M.Ed., Psy.D.</b>  Clinical Psychologist  • Child Adolescent and Adult Therapy  1833 Kalakaua Ave., Suite 800  Honolulu, HI 96815</p>	<p><i>call for Insurance</i></p>	<p>for appts  direct line</p>	<p>955-7372  927-6765</p>
<p><b>Hammer, Suzanne, M.D.</b>  • Relationship problems,  • Depression, anxiety  1188 Bishop St., Suite 2408  Honolulu, HI 96813</p>	<p><i>Private insurance, Champus</i></p>		<p>524-3393</p>
<p><b>Hawaii Center for Psychology</b>  <a href="http://www.hawaiicenterforpsychology.com/">http://www.hawaiicenterforpsychology.com/</a>  1001 Bishop Street, ASB Tower 2870  Honolulu, HI 96813</p>	<p><i>Most insurance accepted</i></p>		<p>587-7793</p>
<p><b>Hawaii Counseling and Education Center</b>  <a href="http://hcechawaii.com/">http://hcechawaii.com/</a>  970 N. Kalaheo Ave. A213  Kailua, HI 96734  Aiea Location  98-084 Kam Hwy. 301B  Aiea, HI 96701</p>	<p><i>Most insurance accepted</i></p>	<p><i>Sliding Scale</i></p>	<p>254-6484  254-6427</p>
<p><b>Kiyota, Heide, Ph.D.</b>  • Psychologist, individuals  &amp; children  319 A North Cane St.  Wahiawa, HI 96786</p>	<p><i>Most insurance accepted</i></p>		<p>621-1820</p>
<p><b>Luckie, Nancy, M.D.</b>  • Psychiatrist does therapy  1833 Kalakaua Ave., Suite 800  Honolulu, HI 96815</p>	<p><i>Most Insurance accepted</i></p>		<p>951-1166</p>
<p><b>Peck, Joel, M.D.</b>  • Medicinal therapy, anxiety,  depression, Post-traumatic  • Stress, bipolar, insomnia  • Schizophrenia  99-115 Aiea Hs Dr. Suite 219A  Aiea, HI 96701</p>	<p><i>Takes all HMSA, HMSA</i></p>	<p><i>Quest, Tricare, Medicaid,  Medicare, MDX, HMA, HMAA,  UHA, Kaiser added choice</i></p>	<p>485-5855</p>
<p><b>Quinn, Cynthia L., LLMFT, NCC</b>  • Family/marriage therapy  North Shore Family Therapist  59-416 Kewaena Rd.  Haleiwa, HI 96712</p>	<p><i>No insurance accepted,</i></p>	<p><i>Sliding Scale</i></p>	<p>372-2190</p>

<p><b>Sharpe, Carla, APN, RN</b>  <ul style="list-style-type: none"> <li>• Play therapy, children, &amp; families</li> </ul>           457 Iliwahi Loop            Kailua, HI 96734</p>	<p><i>Most insurance, including Quest</i></p>	<p>261-0066</p>
<p><b>Sloggett, Barbara, Ph. D.</b>  <a href="http://counselinghawaii.com/">http://counselinghawaii.com/</a>  <ul style="list-style-type: none"> <li>• Behavior therapy</li> </ul>           4211 Waialae Ave. Suite 206-A            Honolulu, HI 96816</p>	<p><i>HMSA, Champus</i></p>	<p>735-2494</p>
<p><b>Thompson, Malia, Ph. D.</b>  <ul style="list-style-type: none"> <li>• Psychologist, individuals, &amp; Couples.</li> </ul>           4747 Kilauea Ave. #108            Honolulu, HI 96816</p>	<p><i>Most insurance accepted</i></p>	<p>478-5633</p>
<p><b>Umphress, Val, Ph. D.</b>  <ul style="list-style-type: none"> <li>• Psychologist</li> <li>• Individuals, family</li> </ul>           98-211 Pali Momi, Suite 810            Aiea, HI 96701</p>	<p><i>Takes all insurance</i></p>	<p>488-9288</p>
<p><b>Walker, Arther Blm, Ph. D.</b>  <ul style="list-style-type: none"> <li>• Clinical Psychologist</li> </ul>           Age: 3-85, individuals, couples, children            Pali Palms Plaza            970 Kalaheo St. Suite C-209            Kailua, HI 96734</p>	<p><i>Most insurance accepted</i></p>	<p>254-5554</p>
<p><b>Winter, Jacqueline, LCSW, BCD</b></p>		
<ul style="list-style-type: none"> <li>• Individual &amp; Relationship Counseling Center</li> <li>• Individual &amp; Couples Therapy</li> </ul> 1504 Halekoa Dr. Honolulu, HI 96821		
<p><b>Jones, Darlene</b>  <ul style="list-style-type: none"> <li>• Adults &amp; Children</li> </ul>           Licensed Substance Abuse &amp; Mental Health Counselor            3624 Waokanaka St.            Honolulu, HI 96817</p>	<p><i>HSA, HMSA, HMAA, Aloha Care</i></p>	<p>595-5865 551-5632</p>
<p><b>Veteran's Center Honolulu</b>  <i>Services free to vets &amp; families of vets</i></p>	<p><a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a></p>	<p>973-8387</p>



## **Hawaii Disability Resources**

- Behavioral Health Services Administration** 586-4416  
[www.state.hi.us/doh/about/behavior.html](http://www.state.hi.us/doh/about/behavior.html) 586-4419
- Information about admission, care, treatment, release, and patient follow-up
- Goodwill Industries of Hawaii Inc.** 836-0313
- [www.higoodwill.org](http://www.higoodwill.org)
  - Provides training, career development, and employment services
- Hawaii Centers for Independent Living** 522-5400
- [www.hcil.org](http://www.hcil.org)
  - Peer counseling, housing, outreach, public education, transportation, advocacy
- Hawaii Disability Rights Center** 949-2928
- [www.hawaiidisabilityrights.org](http://www.hawaiidisabilityrights.org)
  - Advocates for the rights of people with disabilities
- Hawaii Division of Vocational Rehabilitation/Department of Human Services** 692-7727
- Hawaii Services on Deafness** 926-4763
- [www.hsod.org](http://www.hsod.org)
  - Information, referrals, advocacy
- Hina Mauka** 236-2600
- [www.hinamauka.org](http://www.hinamauka.org)
  - Full continuum of substance abuse treatment services 536-9684
- Learning Disabilities Association of Hawaii** [www.idanatl.org](http://www.idanatl.org)
- Information, referrals, advocacy
- Legal Aid Society of Hawaii** 536-4302
- [www.legalaidhawaii.org](http://www.legalaidhawaii.org)
  - Legal assistance and tax services
- Mental Health Kokua** 737-2523
- [www.mentalhealthkokua.org](http://www.mentalhealthkokua.org)
  - Residential and rehabilitation services for persons with mental illnesses
- Mental Health America** 800-969-6642
- [www.nmha.org](http://www.nmha.org)
  - National helpline, local self-help groups
- Dept. of Labor & Relations** 586-8816
- Employment Training & Unemployment** 586-8870

- Special Education Center of Hawaii** 734-0233  
[www.secoh.org](http://www.secoh.org)  
 • Provide services to people with developmental disabilities or acquired disabilities due to head injury or aging
- United Cerebral Palsy Association of Hawaii** 532-6744  
[www.ucpahi.org](http://www.ucpahi.org)
- Salvation Army Admin.** 988-2136  
[www.salvationarmyhawaii.org](http://www.salvationarmyhawaii.org)  
 • Emergency financial assistance, substance abuse treatment and rehabilitation
- United Self Help** 947-5558  
 • [www.unitedselfhelp.com](http://www.unitedselfhelp.com)  
 • Self help and support groups, free warm line
- Waianae Coast Comprehensive Health Center** 696-7081  
 • [www.wcchc.com](http://www.wcchc.com)